

LONDON COUNTRY

Tilbury & Grays to Romford

via Chadwell St. Mary, Upminster and Hornchurch

Services
370
371

Mondays to Fridays

| Service: | 371 | 371 | 371 | 371 | 371 |
|---------------------------------|---|-----|-----|-----|-----|
| Tilbury Asda Store | 0802 0827 0848 0907 0927 0948 1017 1048 1117 1148 1217 1248 1317 | | | | |
| Tilbury Docks Ship | 0653 0734 0804 0829 0850 0909 0929 0950 1019 1050 1119 1150 1219 1250 1319 | | | | |
| Tilbury Civic Square | 0656 0738 0808 0833 ↓ 0913 0933 ↓ 1023 ↓ 1123 ↓ | | | | |
| Chadwell St. Mary Cross Keys | 0628 0703 0745 0813 0840 0900 0920 0940 1000 1030 1108 1130 1206 1230 1300 1330 | | | | |
| Grays Turps Corner | 0632 0708 0758 0820 0845 0905 0925 0945 1005 1035 1105 1135 1205 1235 1305 1335 | | | | |
| Grays Bus Station | arr. 0637 0714 0756 0826 0851 0911 0931 0951 1011 1041 1111 1141 1211 1241 1311 1341 dep. 0600 0620 0621 0637 0654 0714 0737 0757 0827 0852 0912 0932 0952 1012 1042 1112 1142 1212 1242 1312 1342 | | | | |
| North Stifford Dog & Partridge | 0612 0632 0633 0649 0707 0727 0750 0818 0840 0905 0925 0945 1005 1025 1055 1125 1155 1225 1255 1325 1355 | | | | |
| South Ockendon Royal Oak | 0618 0638 0639 0655 0715 0735 0758 0818 0848 0913 0933 0953 1013 1033 1103 1133 1203 1233 1303 1333 1403 | | | | |
| North Ockendon Old White Horse | 0622 0642 C 0659 0719 0739 0802 0822 0852 0917 0937 0957 1017 1037 1107 1137 1207 1237 1307 1337 1407 | | | | |
| Corbets Tey Huntsman & Hounds | 0628 0648 0706 0726 0746 0809 0829 0859 0924 0944 1004 1024 1044 1114 1144 1214 1244 1314 1444 1414 | | | | |
| Upminster St. Laurence's Church | 0632 0652 0711 0731 0751 0814 0834 0904 0929 0949 1009 1029 1049 1119 1149 1219 1249 1319 1349 1419 | | | | |
| Hornchurch Madisons Exchange | 0636 0656 0716 0736 0756 0819 0839 0909 0934 0954 1014 1034 1054 1124 1154 1224 1254 1324 1354 1424 | | | | |
| Gidea Park Drill | 0641 0702 0722 0742 0802 0825 0845 0915 0940 1000 1020 1040 1100 1130 1200 1230 1300 1330 1400 1430 | | | | |
| Romford Station | 0645 0707 0727 0747 0807 0830 0850 0920 0945 1005 1025 1045 1105 1135 1205 1235 1305 1335 1405 1435 | | | | |
| Romford Market/St. Edwards Way | 0649 0712 0732 0752 0812 0835 0855 0925 0950 1010 1030 1050 1110 1140 1210 1240 1310 1340 1410 1440 | | | | |

| Service: | 371 | 371 | 371 | 371 | 371 |
|---------------------------------|--|-----|-----|-----|------|
| Tilbury Asda Store | 1348 1427 1448 1527 1548 1627 1657 1712 1727 1757 1812 1837 1907 | | | | |
| Tilbury Docks Ship | 1350 1429 1450 1529 1550 1613 1629 1659 1714 1729 1759 1814 1839 1909 | | | | |
| Tilbury Civic Square | ↓ 1433 ↓ 1533 ↓ 1617 1633 1703 1718 1733 1803 1818 1843 1912 | | | | |
| Chadwell St. Mary Cross Keys | 1400 1440 1500 1540 1600 1624 1640 1710 1725 1740 1810 1825 1850 1918 | | | | 2239 |
| Grays Turps Corner | 1405 1445 1505 1545 1605 1626 1645 1715 1730 1745 1815 1830 1855 1922 | | | | 2243 |
| Grays Bus Station | arr. 1411 1451 1511 1551 1611 1635 1651 1721 1736 1751 1821 1836 1901 1927 | | | | 2248 |
| North Stifford Dog & Partridge | 1422 1442 1452 1512 1532 1552 1612 1635 1652 1722 ↓ 1752 1822 1903 ↓ 2003 2103 2203 2248 | | | | |
| South Ockendon Royal Oak | 1425 1445 1505 1525 1545 1605 1625 1648 1705 1735 ↓ 1805 1835 ↓ 1915 ↓ 2015 2115 2215 2300 | | | | |
| North Ockendon Old White Horse | 1433 1453 1513 1533 1553 1613 1633 1656 1713 1743 ↓ 1813 1843 ↓ 1921 ↓ 2021 2121 2221 2306 | | | | |
| Corbets Tey Huntsman & Hounds | 1437 1457 1517 1537 1557 1617 1637 1700 1717 1747 ↓ 1817 1847 ↓ 1925 ↓ 2025 2125 2225 2310 | | | | |
| Upminster St. Laurence's Church | 1449 1504 1524 1544 1604 1624 1644 1707 1724 1754 ↓ 1824 1854 ↓ 1931 ↓ 2031 2131 2231 2316 | | | | |
| Hornchurch Madisons Exchange | 1454 1514 1534 1554 1614 1634 1654 1717 1734 1804 ↓ 1834 1904 ↓ 1939 ↓ 2039 2139 2239 2324 | | | | |
| Gidea Park Drill | 1500 1520 1540 1605 1620 1640 1700 1723 1740 1810 ↓ 1840 1909 ↓ 1944 ↓ 2044 2144 2244 2329 | | | | |
| Romford Station | 1505 1525 1545 1605 1625 1645 1705 1728 1745 1815 ↓ 1845 1913 ↓ 1948 ↓ 2048 2148 2248 2333 | | | | |
| Romford Market/St. Edwards Way | 1510 1530 1550 1610 1630 1650 1710 1733 1750 1820 ↓ 1850 1917 ↓ 1952 ↓ 2052 2152 2252 2337 | | | | |

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(Cont.)

Saturdays

| Service: | 371 | 371 | 371 | 371 | 371 | 371 | 371 |
|--------------------------------|----------------------------|-------|-----------|---------|--------------------------|------------|-------|
| Tilbury Asda Store | | | 0849 | 0917 | 0948 | | |
| Tilbury Docks Ship | | 0734 | 0804 0825 | 0851 | 0919 0950 | 17 | 48 |
| Tilbury Civic Square | | 0737 | 0807 0828 | + | 0923 | 19 | 50 |
| Chadwell St. Mary Cross Keys | 0629 | 0743 | 0813 0834 | 0900 | 0930 1000 | 23 | * |
| Grays Tucks Corner | 0633 | 0747 | 0817 0838 | 0905 | 0935 1005 | 30 | 08 |
| Grays Bus Station | { arr. 0638 | 0752 | 0822 0843 | 0911 | 0941 1011 | 35 | 05 |
| North Stafford Dog & Partridge | { dep. 0613 0638 0703 0725 | 0752 | 0822 0843 | 0852 | 0912 0922 0942 0952 1012 | 41 | 11 |
| Bellhus Dernent Parade | 0625 0650 0715 0737 | 0804 | 0834 0855 | 0905 | 0925 0935 0955 1005 1025 | Then at 35 | U |
| South Ockendon Royal Oak | 0631 0656 0721 | 0810 | 0840 0903 | 0933 | 1003 + 1033 | 42 | 12 |
| North Ockendon Old White Horse | 0631 0700 0725 0749 | 0814 | 0844 0907 | 0922 | 0937 0952 1007 1022 1037 | 55 | 12 |
| Corbets Tey Huntsman & Hounds | 0641 0706 0731 0755 | 0820 | 0850 0914 | 0929 | 0944 0959 1014 1029 1044 | 55 | 25 |
| Upminster St. Laurence Church | 0643 0710 0735 0759 | 0824 | 0854 0919 | 0934 | 0949 1004 1019 1034 1049 | 10 | T |
| Hornchurch Madisons Exchange | 0649 0714 0739 0803 | 0828 | 0858 0924 | 0939 | 0954 1009 1024 1039 1054 | 04 | 19 |
| Gidea Park Drill | 0651 0719 0742 0808 | 0833 | 0905 0930 | 0945 | 1000 1015 1030 1045 1100 | 19 | 34 |
| Romford Station | 0658 0723 0748 0812 | 0837 | 0908 0935 | 0950 | 1005 1020 1035 1050 1105 | 24 | 39 |
| Romford Market/St. Edwards Way | 0702 0727 0752 0816 | 0841 | 0913 0940 | 0955 | 1010 1025 1040 1055 1110 | 30 | 45 |
| | | | | | | 25 | 55 |
| | | | | | | 40 | 10 |
| | | | | | | | 1055 |

| Service: | 371 | 371 | 371 | 371 | 371 | 371 | 371 |
|--------------------------------|----------------------------|----------------|----------------|----------------|----------------|----------------|-------|
| Tilbury Asda Store | 1448 | 1517 | 1558 1618 1642 | 1712 | | | |
| Tilbury Docks Ship | 1450 | 1519 | 1600 1620 1644 | 1714 1744 | 1814 1844 | | |
| Tilbury Civic Square | | 1523 | 1623 | 1717 | 1817 | | |
| Chadwell St. Mary Cross Keys | 1500 | 1530 | 1609 1629 1653 | 1723 1753 1823 | 1853 | 2239 | |
| Grays Tucks Corner | 1505 | 1535 | 1613 1633 1657 | 1727 1757 | 1827 1857 | | 2243 |
| Grays Bus Station | { arr. 1511 | 1541 | 1618 1638 1702 | 1732 1802 | 1832 1902 | | 2248 |
| North Stafford Dog & Partridge | { dep. 1512 1522 1542 1603 | 1619 1639 1703 | 1733 1803 | 1833 1903 | 2003 2103 2203 | 2248 | |
| Bellhus Dernent Parade | 1525 1535 1555 1615 | 1631 1651 1715 | 1745 1815 | 1845 1915 | 2015 2115 2215 | 2300 | |
| South Ockendon Royal Oak | 1533 | 1603 | 1637 1657 1721 | 1751 1821 | 1851 1921 | 2021 2121 2221 | 2306 |
| North Ockendon Old White Horse | 1537 1552 1607 1627 | 1641 1701 1723 | 1755 1825 | 1855 1925 | 2025 2125 2225 | 2310 | |
| Corbets Tey Huntsman & Hounds | 1544 1559 1613 1633 | 1647 1707 1731 | 1803 1821 | 1901 1931 | 2031 2131 2231 | 2316 | |
| Upminster St. Laurence Church | 1549 1604 1617 1637 | 1651 1711 1735 | 1805 1835 | 1905 1935 | 2035 2135 2235 | 2320 | |
| Hornchurch Madisons Exchange | 1554 1608 1621 1641 | 1655 1715 1739 | 1809 1839 | 1909 1939 | 2039 2139 2239 | 2324 | |
| Gidea Park Drill | 1600 1613 1626 1646 | 1700 1720 1744 | 1814 1844 | 1914 1944 | 2044 2144 2244 | 2329 | |
| Romford Station | 1605 1617 1630 1650 | 1704 1724 1748 | 1818 1848 | 1918 1948 | 2048 2148 2248 | 2333 | |
| Romford Market/St. Edwards Way | 1609 1621 1634 1654 | 1708 1728 1752 | 1822 1852 | 1922 1952 | 2052 2152 2252 | 2337 | |

Sundays (Service 370)

| Service: | 1007 | 1107 | 1207 | 1307 | 1407 | 1507 | 1607 | 1707 | 1807 | 1907 | 2007 | 2107 | 2207 | |
|--------------------------------|------------------|------|------|------|------|------|------|------|------|------|------|------|------|-----------|
| Tilbury Docks Ship | 0910 | 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1710 | 1810 | 1910 | 2010 | 2110 | 2210 2240 |
| Tilbury Civic Square | 0916 | 1016 | 1116 | 1216 | 1316 | 1416 | 1516 | 1616 | 1716 | 1816 | 1916 | 2016 | 2116 | 2216 2246 |
| Chadwell St. Mary Cross Keys | 0920 | 1020 | 1120 | 1220 | 1320 | 1420 | 1520 | 1620 | 1720 | 1820 | 1920 | 2020 | 2110 | 2220 2250 |
| Grays Tucks Corner | 0925 | 1025 | 1125 | 1225 | 1325 | 1425 | 1525 | 1625 | 1725 | 1825 | 1925 | 2025 | 2125 | 2225 2255 |
| Grays Bus Station | { arr. 0825 | 0925 | 1025 | 1125 | 1225 | 1325 | 1425 | 1525 | 1625 | 1725 | 1825 | 1925 | 2025 | 2125 2225 |
| North Stafford Dog & Partridge | { dep. 0837 0937 | 1037 | 1137 | 1237 | 1337 | 1437 | 1537 | 1637 | 1737 | 1837 | 1937 | 2037 | 2137 | 2237 |
| South Ockendon Royal Oak | 0843 0943 | 1043 | 1143 | 1243 | 1343 | 1443 | 1543 | 1643 | 1743 | 1843 | 1943 | 2043 | 2143 | 2243 |
| North Ockendon Old White Horse | 0847 0947 | 1047 | 1147 | 1247 | 1347 | 1447 | 1547 | 1647 | 1747 | 1847 | 1947 | 2047 | 2147 | 2247 |
| Corbets Tey Huntsman & Hounds | 0853 0953 | 1053 | 1153 | 1253 | 1353 | 1453 | 1553 | 1653 | 1753 | 1853 | 1953 | 2053 | 2153 | 2253 |
| Upminster St. Laurence Church | 0857 0957 | 1057 | 1157 | 1257 | 1357 | 1457 | 1557 | 1657 | 1757 | 1857 | 1957 | 2057 | 2157 | 2257 |
| Hornchurch Madisons Exchange | 0901 1001 | 1101 | 1201 | 1301 | 1401 | 1501 | 1601 | 1701 | 1801 | 1901 | 2001 | 2101 | 2201 | 2301 |
| Gidea Park Drill | 0906 1006 | 1106 | 1206 | 1306 | 1406 | 1501 | 1606 | 1706 | 1806 | 1906 | 2006 | 2106 | 2206 | 2306 |
| Romford Station | 0910 1010 | 1110 | 1210 | 1310 | 1410 | 1510 | 1610 | 1710 | 1810 | 1910 | 2010 | 2110 | 2210 | 2310 |
| Romford Market/St. Edwards Way | 0914 1014 | 1114 | 1214 | 1314 | 1414 | 1514 | 1614 | 1714 | 1814 | 1914 | 2014 | 2114 | 2214 | 2314 |

CODES: C - To Ockendon Station. - Near B.R. Station.

LONDON COUNTRY

Romford to Grays & Tilbury

via Hornchurch, Upminster and Chadwell St. Mary

Services
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Mondays to Fridays

| Service: | 371 | 371 | 371 | 371 | 371 | 371 | 371 | 371 |
|---|---|-----|-----|-----|-----|-----|-----|-----|
| Romford Market/St. Edwards Way | 0657 0717 0737 0757 0817 0847 0917 0947 1002 1017 1047 1102 1117 1147 1217 1247 1317 1347 | | | | | | | |
| Romford Station Victoria Road | 0702 0722 0742 0802 0822 0852 0922 0952 1007 1022 1052 1107 1122 1152 1222 1252 1322 1352 | | | | | | | |
| Gidea Park Drill | 0707 0727 0747 0807 0827 0857 0927 0957 1012 1027 1057 1112 1127 1157 1227 1257 1327 1357 | | | | | | | |
| Hornchurch Madisons Exchange | 0713 0733 0753 0813 0833 0903 0933 1003 1018 1033 1103 1118 1133 1203 1233 1303 1333 1403 | | | | | | | |
| Upminster St. Laurences Church | 0718 0738 0758 0818 0838 0908 0938 1008 1023 1038 1108 1123 1138 1208 1238 1308 1338 1408 | | | | | | | |
| Corbets Tey Huntsmen & Hounds | 0723 0743 0803 0823 0843 0913 0943 1013 1028 1043 1113 1128 1143 1213 1243 1313 1343 1413 | | | | | | | |
| North Ockendon Old White Horse | C 0730 0750 0810 0830 0850 0920 0950 1020 1035 1050 1120 1135 1150 1220 1250 1320 1350 1420 | | | | | | | |
| South Ockendon Royal Oak | 0646 0734 0754 0814 0834 0854 0924 0954 1024 1039 1054 1124 1139 1154 1224 1254 1324 1354 1424 | | | | | | | |
| North Stifford Dog & Partridge | 0652 0742 0802 0822 0842 0902 0932 1002 1032 1047 1102 1132 1147 1202 1232 1302 1332 1402 1432 | | | | | | | |
| Grays Bus Station (Stop No. 9) | 0705 0755 0815 0835 0855 0915 0945 1015 1045 1100 1115 1145 1200 1215 1245 1315 1345 1415 1445 | | | | | | | |
| Grays Bus Station (Stop No. 9) arc | dep. 0628 0705 0730 0755 0815 0835 0856 0916 0946 1016 1046 ... 1116 1146 ... 1216 1246 ... 1316 1346 1416 1446 | | | | | | | |
| Grays Orsett Road | 0630 0707 0732 0757 0817 0837 0858 0918 0948 1018 1048 ... 1118 1148 ... 1218 1248 1318 1348 1418 1448 | | | | | | | |
| Grays Turps Corner | 0635 0713 0738 0803 0823 0843 0904 0924 0954 1024 1054 ... 1124 1154 ... 1224 1254 1324 1354 1424 1454 | | | | | | | |
| Chadwell St. Mary Cross Keys | 0639 0718 0743 0808 0828 0848 0909 0929 0959 1029 1059 ... 1129 1159 ... 1229 1259 1329 1359 1429 1459 | | | | | | | |
| Tilbury Civic Square | 0645 0725 0750 0815 0835 0855 ↓ 0936 ↓ 1036 ↓ ... 1136 ↓ ... 1236 ↓ 1336 ↓ 1436 ↓ | | | | | | | |
| Tilbury Docks Ship | 0648 0729 0754 0819 0839 0859 0919 0940 1009 1040 1109 ... 1140 1209 ... 1240 1309 1340 1409 1509 | | | | | | | |
| Tilbury Asda Store | 0756 0821 0841 0901 0921 0942 1011 1042 1111 ... 1142 1211 ... 1242 1311 1342 1411 1442 1511 | | | | | | | |
| Service: | 371 | | | | | | | |
| Romford Market/St. Edwards Way | 1417 1447 1517 1537 1557 1617 1637 1717 1738 1757 1827 1858 1927 1957 2057 2157 2257 2342 ... | | | | | | | |
| Romford Station Victoria Road | 1422 1452 1522 1542 1602 1622 1642 1702 1722 1743 1802 1832 1901 1931 2001 2101 2201 2301 2346 ... | | | | | | | |
| Gidea Park Drill | 1427 1457 1527 1547 1607 1627 1647 1707 1727 1748 1807 1837 1905 1935 2005 2105 2205 2305 ... | | | | | | | |
| Hornchurch Madisons Exchange | 1433 1503 1533 1553 1613 1633 1653 1713 1733 1754 1813 1843 1910 2010 2110 2210 2310 2355 ... | | | | | | | |
| Upminster St. Laurences Church | 1438 1508 1538 1558 1618 1638 1658 1718 1738 1759 1818 1848 1914 1944 2014 2114 2214 2314 2359 ... | | | | | | | |
| Corbets Tey Huntsman & Hounds | 1443 1513 1543 1602 1623 1643 1703 1723 1743 1804 1923 1853 1918 1949 2018 2118 2218 2318 0003 ... | | | | | | | |
| North Ockendon Old White Horse | 1450 1520 1550 1610 1630 1650 1710 1730 1750 1811 1830 1960 1924 1954 2024 2124 2224 2324 0009 ... | | | | | | | |
| South Ockendon Royal Oak | 1454 1524 1554 1614 1634 1654 1714 1734 1754 1815 1834 1904 1928 1958 2028 2128 2228 2328 0013 ... | | | | | | | |
| North Stifford Dog & Partridge | 1502 1532 1602 1622 1642 1702 1722 1742 1802 1823 1842 1910 1934 2004 2034 2134 2234 2334 0019 ... | | | | | | | |
| Grays Bus Station (Stop No. 9) arc | dep. 1515 1545 1615 1635 1655 1715 1735 1755 1815 1836 1855 1922 1946 2016 2046 2146 2246 2346 0031 ... | | | | | | | |
| Grays Bus Station (Stop No. 9) arc | 1516 1545 1556 1616 1636 1656 1716 1736 1756 ... 1836 | | | | | | | |
| Grays Orsett Road | 1518 1547 1558 1618 1638 1658 1718 1738 1758 ... 1838 | | | | | | | |
| Grays Turps Corner | 1524 1553 1604 1624 1644 1704 1724 1744 1804 ... 1844 | | | | | | | |
| Chadwell St. Mary Cross Keys | 1529 1558 1609 1629 1649 1709 1729 1749 1809 ... 1849 | | | | | | | |
| Tilbury Civic Square | 1536 ↓ 1616 1636 1656 1716 1736 1756 1816 ... 1856 | | | | | | | |
| Tilbury Docks Ship | 1540 1606 1620 1640 1700 1720 1740 1800 1820 ... 1900 | | | | | | | |
| Tilbury Asda Store | 1542 ... 1622 1642 1702 1722 1742 1802 1822 ... 1902 | | | | | | | |

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Saturdays

| Service: | 371 | 371 | 371 | 371 | 371 | 371 | 371 | 371 |
|---------------------------------|---|-----|-----|---------|-----|-----|-----|-------------|
| Romford Market/St. Edwards Way | 0707 0732 0757 0823 0849 0918 0942 1002 | | | | 17 | 32 | 47 | 02 |
| Romford Station Victoria Road | 0711 0736 0801 0827 0853 0923 0952 1007 | | | | 22 | 37 | 52 | 07 |
| Gidea Park Drill | 0715 0740 0805 0831 0857 0928 0957 1012 | | | | 27 | 42 | 57 | 12 |
| Hornchurch Madisons Exchange | 0720 0745 0810 0836 0903 0934 1003 1018 | | | | 33 | 48 | 03 | 18 |
| Upminster St. Laurence's Church | 0724 0749 0814 0844 0908 0939 1003 1023 | | | | 38 | 53 | 08 | 23 |
| Corbets Tey Huntsman & Hounds | 0728 0753 0818 0844 0913 0944 1013 1028 | | | Then | 43 | 58 | 13 | 28 |
| North Ockendon Old White Horse | 0734 0759 0824 0850 0920 0951 1020 1035 | | | at | 50 | 55 | 20 | 35 |
| South Ockendon Royal Oak | 0738 0803 0828 0854 0924 0955 1024 ↓ | | | these | 54 | ↓ | 24 | ↓ |
| Belhus Derwent Parade | ↓ 0744 0809 0834 0902 0932 1003 1032 1052 | | | minutes | ↓ | 17 | 47 | T |
| North Stifford Dog & Partridge | 0756 0821 0847 0915 0945 1016 1045 1105 | | | past | 02 | 22 | 32 | I |
| Grays Bus Station (Stop No. 9) | arr. 0709 0739 0757 0822 0848 0916 0946 1016 1046 | | | each | 15 | 35 | 45 | L |
| Grays Orsett Road | dep. 0711 0741 0759 0824 0850 0918 0948 1018 1048 | | | hour | 16 | 46 | 56 | 1615 |
| Grays Turps Corner | 0716 0746 0804 0829 0855 0928 0954 1024 1054 | | | | 18 | 48 | 54 | 1617 |
| Chadwell St. Mary Cross Keys | 0720 0750 0808 0833 0859 0929 0959 1029 1059 | | | | 24 | 54 | 54 | 1622 |
| Tilbury Civic Square | 0726 0756 0814 0839 ↓ 0936 ↓ 1036 ↓ | | | | 29 | 59 | 59 | 1626 |
| Tilbury Docks Ship | 0729 0759 0817 0842 0899 0940 1009 1040 1109 | | | | 36 | ↓ | ↓ | 1632 |
| Tilbury Asda Store | 0844 0911 0942 1011 1042 1111 | | | | 40 | 09 | 09 | 1609 ↓ 1635 |
| | | | | | 42 | 11 | 11 | 1611 ↓ 1637 |

| Service: | 371 | 371 | 371 | 371 | 371 | 371 | 371 | 371 |
|---------------------------------|---|---|--|--|--|--|--|--|
| Romford Market/St. Edwards Way | 1532 1547 1602 1617 1632 1647 1702 1717 1737 | 1533 1557 1606 1621 1636 1651 1706 1721 1741 | 1534 1557 1610 1625 1640 1655 1710 1725 1745 | 1535 1561 1615 1630 1645 1700 1715 1730 1750 | 1536 1563 1619 1634 1649 1704 1719 1734 1754 | 1537 1565 1623 1638 1653 1708 1723 1738 1758 | 1538 1567 1627 1641 1654 1711 1724 1741 1754 | 1539 1571 1632 1647 1662 1716 1731 1746 1761 |
| Romford Station Victoria Road | 1537 1552 1606 1621 1636 1651 1706 1721 1741 | 1538 1553 1607 1622 1637 1652 1707 1722 1742 | 1542 1557 1610 1625 1640 1655 1710 1725 1745 | 1543 1603 1615 1630 1645 1700 1715 1730 1750 | 1544 1607 1619 1634 1649 1704 1719 1734 1754 | 1545 1611 1617 1632 1648 1704 1719 1734 1754 | 1546 1616 1623 1638 1653 1708 1723 1738 1758 | 1547 1617 1627 1641 1654 1711 1724 1741 1754 |
| Gidea Park Drill | 1542 1557 1610 1625 1640 1655 1710 1725 1745 | 1543 1561 1615 1630 1645 1700 1715 1730 1750 | 1544 1557 1610 1625 1640 1655 1710 1725 1745 | 1545 1603 1615 1630 1645 1700 1715 1730 1750 | 1546 1607 1619 1634 1649 1704 1719 1734 1754 | 1547 1611 1617 1632 1648 1704 1719 1734 1754 | 1548 1616 1623 1638 1653 1708 1723 1738 1758 | 1549 1617 1627 1641 1654 1711 1724 1741 1754 |
| Hornchurch Madisons Exchange | 1548 1561 1615 1630 1645 1700 1715 1730 1750 | 1549 1607 1619 1634 1649 1704 1719 1734 1754 | 1550 1611 1617 1632 1648 1704 1719 1734 1754 | 1551 1611 1617 1632 1648 1704 1719 1734 1754 | 1552 1611 1617 1632 1648 1704 1719 1734 1754 | 1553 1611 1617 1632 1648 1704 1719 1734 1754 | 1554 1611 1617 1632 1648 1704 1719 1734 1754 | 1555 1611 1617 1632 1648 1704 1719 1734 1754 |
| Upminster St. Laurence's Church | 1553 1607 1619 1634 1649 1704 1719 1734 1754 | 1554 1607 1619 1634 1649 1704 1719 1734 1754 | 1555 1611 1617 1632 1648 1704 1719 1734 1754 | 1556 1611 1617 1632 1648 1704 1719 1734 1754 | 1557 1611 1617 1632 1648 1704 1719 1734 1754 | 1558 1611 1617 1632 1648 1704 1719 1734 1754 | 1559 1611 1617 1632 1648 1704 1719 1734 1754 | 1560 1611 1617 1632 1648 1704 1719 1734 1754 |
| Corbets Tey Huntsman & Hounds | 1558 1611 1617 1632 1648 1704 1719 1734 1754 | 1559 1611 1617 1632 1648 1704 1719 1734 1754 | 1560 1611 1617 1632 1648 1704 1719 1734 1754 | 1561 1611 1617 1632 1648 1704 1719 1734 1754 | 1562 1611 1617 1632 1648 1704 1719 1734 1754 | 1563 1611 1617 1632 1648 1704 1719 1734 1754 | 1564 1611 1617 1632 1648 1704 1719 1734 1754 | 1565 1611 1617 1632 1648 1704 1719 1734 1754 |
| North Ockendon Old White Horse | 1605 1617 1629 1644 1659 1714 1729 1744 1804 | 1606 1618 1633 1649 1664 1715 1730 1745 1805 | 1607 1621 1637 1652 1667 1711 1726 1741 1806 | 1608 1623 1639 1655 1671 1717 1732 1747 1807 | 1609 1625 1644 1660 1677 1722 1737 1752 1808 | 1610 1627 1644 1662 1679 1724 1739 1754 1815 | 1611 1629 1647 1665 1682 1729 1744 1759 1828 | 1612 1631 1649 1667 1684 1731 1746 1761 1838 |
| South Ockendon Royal Oak | 1613 ↓ 1637 ↓ 1648 ↓ 1718 ↓ 1748 ↓ 1812 ↓ | 1614 ↓ 1639 ↓ 1654 ↓ 1724 ↓ 1741 ↓ 1813 ↓ | 1615 ↓ 1642 ↓ 1657 ↓ 1707 ↓ 1737 ↓ 1814 ↓ | 1616 ↓ 1643 ↓ 1658 ↓ 1708 ↓ 1738 ↓ 1815 ↓ | 1617 ↓ 1644 ↓ 1659 ↓ 1709 ↓ 1739 ↓ 1816 ↓ | 1618 ↓ 1645 ↓ 1660 ↓ 1710 ↓ 1740 ↓ 1817 ↓ | 1619 ↓ 1646 ↓ 1661 ↓ 1711 ↓ 1741 ↓ 1818 ↓ | 1620 ↓ 1647 ↓ 1662 ↓ 1712 ↓ 1742 ↓ 1819 ↓ |
| Belhus Derwent Parade | 1613 ↓ 1637 ↓ 1648 ↓ 1718 ↓ 1748 ↓ 1812 ↓ | 1614 ↓ 1639 ↓ 1654 ↓ 1724 ↓ 1741 ↓ 1813 ↓ | 1615 ↓ 1642 ↓ 1657 ↓ 1707 ↓ 1737 ↓ 1814 ↓ | 1616 ↓ 1643 ↓ 1658 ↓ 1708 ↓ 1738 ↓ 1815 ↓ | 1617 ↓ 1644 ↓ 1659 ↓ 1709 ↓ 1739 ↓ 1816 ↓ | 1618 ↓ 1645 ↓ 1660 ↓ 1710 ↓ 1740 ↓ 1817 ↓ | 1619 ↓ 1646 ↓ 1661 ↓ 1711 ↓ 1741 ↓ 1818 ↓ | 1620 ↓ 1647 ↓ 1662 ↓ 1712 ↓ 1742 ↓ 1819 ↓ |
| North Stifford Dog & Partridge | 1617 1627 1641 1654 1711 1724 1741 1754 1816 | 1618 1628 1642 1655 1712 1725 1742 1755 1817 | 1619 1629 1643 1656 1713 1726 1743 1756 1818 | 1620 1630 1644 1657 1714 1727 1744 1757 1819 | 1621 1631 1645 1658 1715 1728 1745 1758 1820 | 1622 1632 1646 1660 1716 1730 1746 1760 1822 | 1623 1633 1647 1661 1717 1731 1747 1761 1823 | 1624 1634 1648 1662 1718 1732 1748 1762 1824 |
| Grays Bus Station (Stop No. 9) | arr. 1629 1639 1653 1706 1723 1736 1753 1806 1826 | dep. 1640 1650 1665 1707 1727 1740 1757 1807 1827 | 1641 1651 1666 1708 1728 1741 1758 1808 1828 | 1642 1652 1667 1710 1730 1743 1759 1809 1829 | 1643 1653 1668 1712 1732 1745 1760 1810 1830 | 1644 1654 1669 1714 1734 1747 1761 1811 1831 | 1645 1655 1670 1716 1736 1750 1766 1812 1832 | 1646 1656 1671 1717 1737 1751 1767 1813 1833 |
| Grays Orsett Road | 1642 1652 1666 1708 1728 1741 1758 1808 1828 | 1643 1653 1667 1708 1728 1741 1758 1808 1828 | 1644 1654 1668 1710 1730 1743 1759 1809 1829 | 1645 1655 1669 1712 1732 1745 1760 1810 1830 | 1646 1656 1670 1714 1734 1747 1761 1811 1831 | 1647 1657 1671 1716 1736 1750 1766 1812 1832 | 1648 1658 1672 1717 1737 1751 1767 1813 1833 | 1649 1659 1673 1718 1738 1752 1768 1814 1834 |
| Grays Turps Corner | 1647 1657 1671 1714 1734 1748 1761 1811 1831 | 1648 1658 1672 1716 1736 1750 1766 1812 1832 | 1649 1659 1673 1717 1737 1751 1767 1813 1833 | 1650 1660 1674 1720 1740 1754 1770 1820 1840 | 1651 1661 1675 1721 1741 1755 1771 1821 1841 | 1652 1662 1676 1722 1742 1756 1772 1822 1842 | 1653 1663 1677 1723 1743 1757 1773 1823 1843 | 1654 1664 1678 1724 1744 1758 1774 1824 1844 |
| Chadwell St. Mary Cross Keys | 1651 1661 1671 1718 1738 1752 1768 1813 1833 | 1652 1662 1672 1719 1739 1753 1769 1814 1834 | 1653 1663 1673 1720 1740 1754 1770 1820 1840 | 1654 1664 1674 1721 1741 1755 1771 1821 1841 | 1655 1665 1675 1722 1742 1756 1772 1822 1842 | 1656 1666 1676 1723 1743 1757 1773 1823 1843 | 1657 1667 1677 1724 1744 1758 1774 1824 1844 | 1658 1668 1678 1725 1745 1759 1775 1825 1845 |
| Tilbury Civic Square | 1658 1668 1678 1725 1745 1759 1775 1825 1845 | 1659 1669 1679 1726 1746 1760 1776 1826 1846 | 1660 1670 1680 1727 1747 1761 1777 1827 1847 | 1661 1671 1681 1728 1748 1762 1778 1828 1848 | 1662 1672 1682 1729 1749 1763 1779 1829 1849 | 1663 1673 1683 1730 1750 1764 1780 1830 1850 | 1664 1674 1684 1731 1751 1765 1781 1831 1851 | 1665 1675 1685 1732 1752 1766 1782 1832 1852 |
| Tilbury Docks Ship | 1665 1675 1685 1732 1752 1766 1782 1832 1852 | 1666 1676 1686 1733 1753 1767 1783 1833 1853 | 1667 1677 1687 1734 1754 1768 1784 1834 1854 | 1668 1678 1688 1735 1755 1769 1785 1835 1855 | 1669 1679 1689 1736 1756 1770 1786 1836 1856 | 1670 1680 1690 1737 1757 1771 1787 1837 1857 | 1671 1681 1691 1738 1758 1772 1788 1838 1858 | 1672 1682 1692 1739 1759 1773 1789 1839 1859 |
| Tilbury Asda Store | 1672 1682 1692 1739 1759 1773 1789 1839 1859 | 1673 1683 1693 1740 1760 1774 1790 1840 1860 | 1674 1684 1694 1741 1761 1775 1791 1841 1861 | 1675 1685 1695 1742 1762 1776 1792 1842 1862 | 1676 1686 1696 1743 1763 1777 1793 1843 1863 | 1677 1687 1697 1744 1764 1778 1794 1844 1864 | 1678 1688 1698 1745 1765 1779 1795 1845 1865 | 1679 1689 1699 1746 1766 1780 1796 1846 1866 |

Sundays (Bus 370)

| | | | | | | | | |
|---------------------------------|---|--|-------------------------------|--------------------------|---------------------|---------------------|---------------------|---------------------|
| Romford Market/St. Edwards Way | 0926 1026 1126 1226 1326 1426 1526 1626 1726 | 1236 1326 1426 1526 1626 1726 1826 1926 1936 | 1946 2026 2126 2226 2326 | 2036 2136 2236 2336 | 2046 2146 2246 2346 | 2056 2156 2256 2356 | 2066 2166 2266 2366 | 2076 2176 2276 2376 |
| Romford Station Victoria Road | 0930 1030 1130 1230 1330 1430 1530 1630 1730 | 1830 1930 2030 2130 2230 2330 | 2040 2140 2240 2340 | 2150 2250 2350 | 2260 2360 2370 | 2270 2370 | 2280 2380 | 2290 2390 |
| Gidea Park Drill | 0934 1034 1134 1234 1334 1434 1534 1634 1734 | 1834 1934 2034 2134 2234 2334 | 2044 2144 2244 2344 | 2154 2254 2354 | 2264 2364 2374 | 2274 2374 | 2284 2384 | 2294 2394 |
| Hornchurch Madisons Exchange | 0939 1039 1139 1239 1339 1439 1539 1639 1739 | 1839 1939 2039 2139 2239 2339 | 2049 2149 2249 2349 | 2159 2259 2359 | 2269 2369 2379 | 2279 2379 | 2289 2389 | 2299 2399 |
| Upminster St. Laurence's Church | 0943 1043 1143 1243 1343 1443 1543 1643 1743 | 1843 1943 2043 2143 2243 2343 | 2053 2153 2253 2353 | 2163 2263 2363 | 2273 2373 | 2283 2383 | 2293 2393 | 2303 2403 |
| Corbets Tey Huntsman & Hounds | 0947 1047 1147 1247 1347 1447 1547 1647 1747 | 1847 1947 2047 2147 2247 2347 | 2057 2157 2257 2357 | 2167 2267 2367 | 2277 2377 | 2287 2387 | 2297 2397 | 2307 2407 |
| North Ockendon Old White Horse | 0953 1053 1153 1253 1353 1453 1553 1653 1753 | 1853 1953 2053 2153 2253 2353 | 2063 2163 2263 2363 | 2173 2273 2373 | 2283 2383 | 2293 2393 | 2303 2403 | 2313 2413 |
| South Ockendon Royal Oak | 0957 1057 1157 1257 1357 1457 1557 1657 1757 | 1857 1957 2057 2157 2257 2357 | 2067 2167 2267 2367 | 2177 2277 2377 | 2287 2387 | 2297 2397 | 2307 2407 | 2317 2417 |
| North Stifford Dog & Partridge | 1003 1103 1203 1303 1403 1503 1603 1703 1803 | 1903 2003 2103 2203 2303 0003 | 2103 2203 2303 | 2203 2303 | 2303 0003 | 2303 0003 | 2303 0003 | 2303 0003 |
| Grays Bus Station (Stop No. 9) | arr. 0845 0915 1015 1115 1215 1315 1415 1515 1615 | 0845 0915 1015 1115 1215 1315 1415 1515 1615 | 1815 1915 2015 2115 2215 2315 | 1915 2015 2115 2215 2315 | 2015 2115 2215 2315 | 2115 2215 2315 | 2215 2315 | 2315 0015 |
| Grays Orsett Road | 0847 0917 1017 1117 1217 1317 1417 1517 1617 | 0847 0917 1017 1117 1217 1317 1417 1517 1617 | 1717 1817 1917 2017 2117 2217 | 1817 1917 2017 2117 2217 | 2017 2117 2217 | 2117 2217 | 2217 2317 | 2317 2417 |
| Grays Turps Corner | 0852 0922 1022 1122 1222 1322 1422 1522 1622 | 0852 0922 1022 1122 1222 1322 1422 1522 | | | | | | |